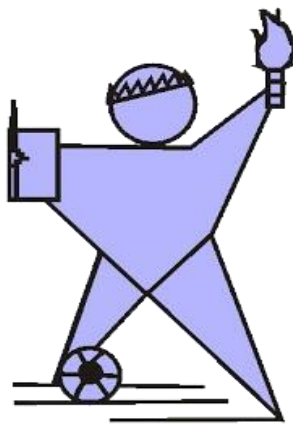


# **Report of CSR/Extension Activities**



**IPS Academy**

**Institute of Engineering & Science**

## **Report-2019-2020**

**Project Title:-**Traffic Control and Awareness Program

**Objective of activity:-** The Objective of ‘Traffic Control and Awareness program’ is to spread awareness among citizen Of Indore to obey traffic rules and follow guided traffic instruction along with safety rules for their own and other life safety.

**Summary of Activity:-**IPS Academy along with Print Media ‘Dainik Bhaskar’ Organize Traffic Management Program to aware the society about traffic rules and safe driving.

The Faculty staff and Students of various department of institute of Engineering and Science controls traffic on various squares of BRTS corridor on daily basis. Taking to citizen’s involvement in the enforcement road safety regulations on dated from 02/Sep/2019 to 15/Sep/2019.

In this 14 days activity around 60 students and 14 faculty member daily covers the 14 crucial Squares of BRTS. They control traffic management at 5pm to 7pm. During the duty faculty and student along with traffic police aware people about safe drive such as wear helmet, lock Seat belt and follow traffic rules.

There are 840 students and 100 faculties and staff member of institute given sincere duties for over the period. Indore Traffic Police and Print Media Dainik Bhaskar Support during the activity and appreciate effort of institute.

<b>Date Of event</b>	02-Sep-19 to 15-Sep-19
<b>Place of event</b>	14 Circles of BRTS
<b>Number Of Participant</b>	840 student and 80 faculty
<b>Number of beneficiaries</b>	Citizen of Indore city

## PHOTO's of Activity Traffic Awareness Duty with Dainik Bhaskar



Picture :Traffic Duty at square with police



Picture :Student Traffic duty at Vijay Nagar Square





Picture : Students be dressed in traffic police jacket



Picture : Student Request to Person for wearing Seat belt

# सफाई को आदत बनाया, ट्रैफिक के नियमों को भी बनाएं तो सुगम होगा यातायात डिस्पोजेबल का इस्तेमाल छोड़ चुके हैं हम तो फिर... गाड़ी चलाते वक़्त मोबाइल पर बात क्यों नहीं छोड़ देते

**दैनिक भास्कर  
अभियान**  
**हैट्रिक हुई  
अब ट्रैफिक  
हो जाए...**

स्वच्छ हूए, सुगम भी हो  
जाए, आइए अब हम ट्रैफिक  
में भी नं. 1 हो जाएं  
पांचवां दिन

- दिगंबर जैन सोशल ग्रुप में के सात सदस्यों ने भंवरकुआं चौराहे पर दो घंटे तक व्यवस्था संभाली।
- आज आईपीएस एकेडमी के छात्रों के साथ तृतीय वर्ग कर्मचारी संघ के 60 से ज्यादा कार्यकर्ता आएं साथ

भास्कर संवाददाता इंंदौर

सफाई के बाद अब ट्रैफिक में भी इंदौर को नं. 1 बनाने के लिए भास्कर की पहल के बाद बीआरटीएस कारिडोर पर लगातार पांचवें दिन जागृकता अभियान चलाया। विभिन्न गैरहो पर आइपीएस एकेडमी के छात्र और ट्रैफिक पुलिस ने यातायात संभाला। दिगंबर जैन सोशल ग्रुप में के सात सदस्यों ने भंवरकुआं चौराहे पर दो घंटे व्यवस्था संभाली।

जीपीओ चौराहे पर आईपीएस एकेडमी के कॉलेज के शशिकंत लसार और अदिति सिंह ने कान में हेडफोन और ब्लू ट्यू लगाकर वाहन चलाते वाले युवाओं को सिग्नल पर रेकॉ-टोका। कहा कि गाड़ी चलाते समय इन गैजेट का इस्तेमाल करने से एक्सीडेंट का खतरा बढ़ जाता है। युवाओं ने अपनी गलती मानी और आगे से ऐसा नहीं करने की बात कही। जस्ट चर्च चौराहे पर डॉ. वैभव शर्मा, अदिति निवसरकर, पीयूष कांतोरे, हरप्रीत होरा, ऋषभ नाथ ने चार पहिया वाहन चालकों को सीट बेल्ट लगाने और दो पहिया वाहन चालकों को हेलमेट पहनने का अनुरोध किया। दिगंबर जैन सोशल ग्रुप में के सात सदस्यों ने भंवरकुआं चौराहे पर दो घंटे व्यवस्था संभाली।

अध्यक्ष संजय कासलीवाल, दिगंबर जैन सोशल ग्रुप में भी शामिल हुआ।



दैनिक भास्कर पत्र पर नं. 1 बनाने के लिए चर्च चौराहे पर

तस्वीर एलआईजी चौराहे की है। यहां ट्रैफिक का भारी दबाव रहता है, फिर भी एक युवती मोबाइल पर बात करते हुए गाड़ी चला रही थी। कॉलेटवर्स ने उसे रोका और मोबाइल पर बात नहीं करने की समझाई दी। उसे मुहिम में शामिल कर दूसरे वाहन चालकों को नियम का पालन करने की समझाई दी।

**यह गलती न करें... नहीं तो कल आपकी तस्वीर भी यहां छप सकती है**



गीता भवन

दूसरी लेन चालू थी, फिर भी क्रॉस करना चाहा।



पतासिया

चौराहे पर सबसे आगे खड़ी होकर करने लगी बात।



गीता भवन

नियम तोड़कर लेफ्ट टर्न से आगे आ गई।

**इंदौर के ट्रैफिक हीरो... नियम तोड़ा तो गाड़ी रुकवाई, हेलमेट पहनाया, व्यवस्था संभाली**



छात्र

कार स्टॉप लाइन से आगे आई तो छात्र ने रोका।



पुलिस

गाड़ी में टंगा था हेलमेट, जिसे युवक को पहनाया।



संस्था

दिगंबर जैन सोशल ग्रुप में भी शामिल हुआ।

## Report 2018-2019

**Project Title:-**Matdata Jagrukta rally

### **Objective of Activity:-**

The objective of 'Matdata jagrukta' Rally was to motivate society to understand their right to vote which make huge difference in nation growth. This kind of rally spread awareness not only in matured citizen but youth also got motivated to participate in this kind of activity. In any country voting right plays most important role to being a democratic nation.

### **Summary of Activity:-**

'Matdata jagrukta' Rally was successfully conducted by IPSA with IES Indore dated 25/11/2018. The students and faculty actively participated in this campaign. Even the first-time voters were also a part of the drive, there was a march between Rajwada Indore to Regal square where Mahatma Gandhi statue is located they spread awareness about that everyone should use their right to vote and also spread the awareness about the importance of this right and celebrate the festival of democracy.

In this activity there are more than 200 students, 50 faculties of Institute of Engineering and Science were present to aware the people for use their right to vote and being a responsible citizen of India. The volunteers motivated the voters and value their vote righteously

. The slogans like "Saare Kaam Chhod do Sabse Pehle Vote Do", "Matdaan Mera Haq Hai" were promoted by college students.

<b>Date Of event</b>	25-11-2018
<b>Place of event</b>	Rajwada Indore to Regal square
<b>Number Of Participant</b>	200 Student and 50 Faculty of IES Indore.
<b>Number of beneficiaries</b>	Citizen of Indore city



PHOTO's of Activity

## Matdan Jagrukta Karyakram



Picture : Morning gathering for Rally



Picture : Rally Leading by Head of the Institutions



Picture : Faculty Of Engineering holding banner



Picture : Students on Bicycle rally



## **Report 2018-19**

**Project Title:** Eye Check Up camp

**Objective of Activity:-** The objective of eye checkup camp organized by IPSA, IES Indore is to provide free eye-health checkup and increase awareness and improve access to eye/health care services.

### **Summary of Activity:-**

The main aim of this camp is to be organized and serve for those persons who belong to fourth class category like **Peon, cleaning staff, Mess staff** etc. and also for their family and children living nearby institute.

This program was organized from 14/03/19 to 15/03/19 with the collaboration of Vinayak Netralaya, Indore in the college premises to increase awareness about eyes and diverting people's mindset on eye health and its treatment. The camp commenced at 10 am to 5 pm. The camp aimed to give proper suggestion regarding eye sight problems.

The camp covered checkup of around 80 faculties, 20 staff members and 120 students along with 43 less privileged persons (child and aged) of outside of campus. Proper time and attention was given to each of them. The Opticians gave the best possible solution regarding eye problems. They also highlighted the reasons for eye problems such as excessive use of digital gadgets mainly at night. In addition they suggested maintaining proper distance between eyes and gadgets and many more. It helped the faculties and students to take proper measurements and safety regarding eyes. The two day camp ended with a very positive response.

<b>Date Of event</b>	14/03/19 to 15/03/19
<b>Place of event</b>	IPSA IES Campus
<b>Number Of Participant</b>	43 Outside Person,80 Faculties, 20 staff Members and 120 students
<b>Number Of Volunteer</b>	10 student and 2 faculty



Picture 10: Faculty visit for Eye Check up



Picture 11 : Faculty visit for Eye Check up on machine



Picture : eye check up of staff member and family members



## Report 2018-19

### **Project Title:** JOY OF GIVING WEEK

**Objective of Activity:-** ‘To get the full value of joy you must have someone to share it with’ Soaking in the spirit of sharing is caring, with following objective we celebrated joy of giving week to make smile on financially less privileged Children of slum area and tried to spread happiness among them.

**Summary of Activity:-** Institute of Engineering and science celebrated ‘The Joy of Giving Week’ from 08/Oct/2018 to 12/Oct/2018 with the students and faculty ,staff members IES Family. The Faculty staff and students of the IES family contributed new and reusable items of clothing, books, toys, shoes, woolens, bed sheets and bags. The needy persons were invited to collect the stuff as per their requirement. More than 80 peoples directly benefitted by this program in terms of receiving useful stuff. The participants and volunteers enjoyed this program.

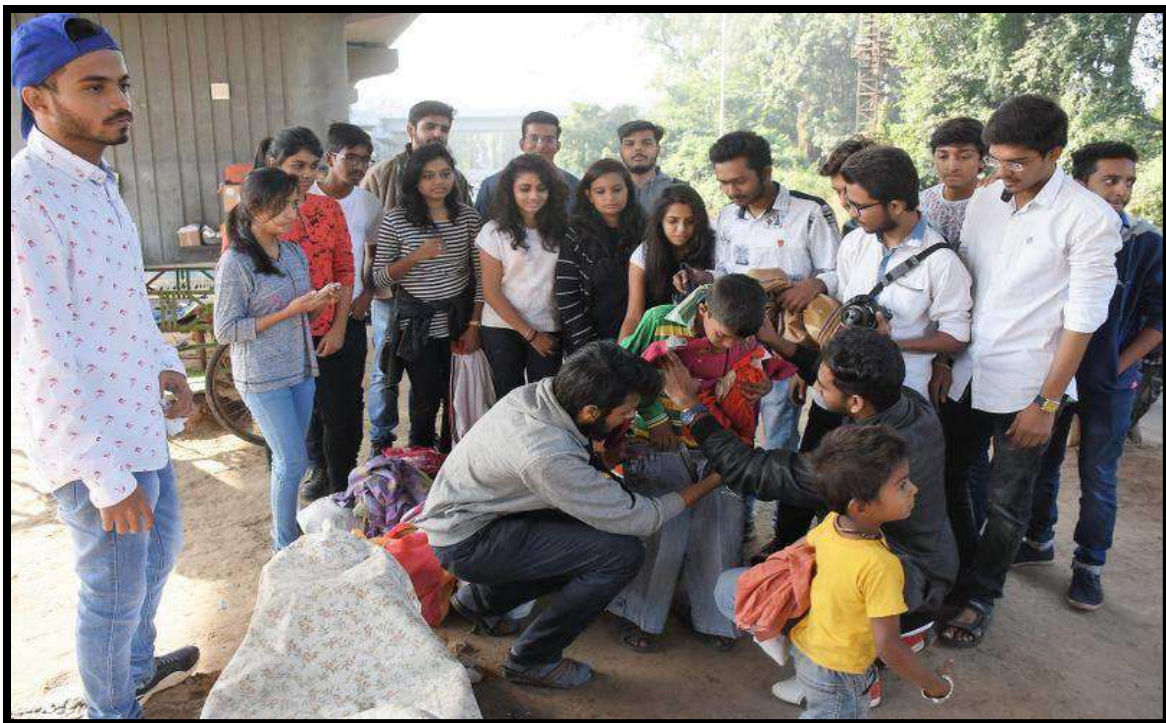
Principal of IES had been appreciated this work and suggested that similar type of program will be organize in future. Management of IPS academy congratulated to faculties, students .

<b>Date Of event</b>	08/Oct/2018 to 12/Oct/2018
<b>Place of event</b>	Rama Bai Basti, Bhicholi Road
<b>Number Of Volunteer</b>	30 student ,3 faculty
<b>Number of Donor participant</b>	More than 50 person of college
<b>Number Of Benefitted person</b>	80 persons

## Photo Gallery: Joy of Giving



Picture : Collection of stuff for donation



Picture : Distribution of stuff

## **Report 2018-2019**

**Project Title:** Gyan Vistaar (Pahal)

**Objective of the Activity:** The objective of this activity to serve for the people who belongs to most vulnerable members of the less privileged community children's and youth. As Gandhiji once said, education requires "head heart and hand our aim is to give them high quality education and improve their skills address "literacy" within a holistic framework measuring it in so that the problems and the doubts which create in their mind we can solve and help them easily.

### **Summary of Activity:**

Our amazing passionate team of IES IPSA that makes It all happened to make a difference in the lives of underprivileged children.

We provide them education whenever we get free from our academic activities we provide free tuitions to Unprivileged student at their own campus. Volunteers take their classes and teach them all the subject of their interests. There was a fix timing for their classes which was from 3:30 pm to 4:30 pm. To help then dream about their future goals and understand what it takes to achieve those dreams.

### **Activities Undertaken:**

Gyan Vistar is a free tuition for the the childrens of underprivileged communities. Knowledge ,skills and awareness creates confident responsible leaders of tomorrow. Change in their type of learning and understanding the way how to study any particular subject this project has made great strides in ensuring high quality education in teaching skills and values and essential skills like English vocational courses mathematics problem and science related numericals etc.

We plan classes according to their school timings and also if someone is not properly understand try to solve their problem in any particular subject and motivate and cheer them up that they can do anything and think independently.

Also volunteers are fixed for the students so that they get familiar to them and can have better understanding of the particular students and their type of learning technique so that they can solve problems accordingly.



<b>Duration of Activity</b>	02-October-18 to 10- December-18 three days of week Time:- 3:30 to 4:30 pm	
<b>Classes and Subjects</b>	Maths, English, Computer, Science of class 5 to 8th	
<b>Place of Activity</b>	Different near by villages and slum nearby Indore	Hukma khedi, Musakhedi, Ramabai basti etc.
<b>No. of Participants</b>	30 student of different year and branches of college, 4 faculty	
<b>No. Of people benefitted</b>	More than 400 children	

### Photo Gallery:-



Picture 14: Teaching to village student school



Picture 14: Teaching to village student in govt.school

## Report 2017-2018

### Project Title –Awareness & Installation of sanitary napkin vending machine

**Objective of the Activity** :-To improve personal hygiene among adolescent girls as poor menstrual hygiene is one of the major reasons for the high incidence of reproductive tract infections and one of causes for high dropout rate of girls. Amid concern over high dropout rate of girls because of menstrual hygiene issues, a college here took the initiative way by installing a sanitary napkin vending machine in the premises.

**Summary of Activity:** While talking about menstrual hygiene remains a taboo in the country, the "bold step" of installing an automated sanitary vending machine for its students has been taken.

It has been observed that girls, especially those from rural areas, are hesitant to approach anyone for sanitary napkins and intend to take leave from college. It is a noble way to prevent any Infection amongst girls and make napkins available to them without any problem a sanitary napkin vending machine was installed in IPS ACADEMY premises on 19 April, 2018.The facility was made to help girl students under corporate social responsibility. As a part of CSR we are making sanitary pad available at a one- third price of sanitary pad in comparison to the Availability of sanitary pads in market. A single pad will be available at Rs 5 from the machine. The step will benefit girls in a big way as girls will get the napkins instantly and at such a cheap price.

<b>Duration of Awareness Activity</b>	Awareness program at different places of government schools	Like tillore govt.high school, slum areas near by indore etc.
<b>Date of Installation Activity</b>	Machine Installation on 19-april 2018	
<b>Place of Activity</b>	Machine installation at college premises	Awareness program at outside of institution
<b>No. of volunteer</b>	30 student , 4 faculty	
<b>No./type of Benefited person</b>	More than 100 poor girls	Awareness and got sanitary pad



## Photo Gallery;-



Picture : Installation of sanitary napkin vending machine



Picture : Spreading Awareness about Sanitation, Hygiene & Health at village school

## **Report 2017-2018**

### **Project : Nukad Natak on Women Empowerment**

**Objective of Activity:-**The Objective of Nukad Natak is played on different location in urban and rural area to Empowerment of girls is a unique endeavor. The underlying assumption to this program is that girls in the age of 14-18 years are emotionally vulnerable and denied equal opportunities for development as compared to boys in similar age group.

### **Summary of Activity:**

Addressing this gender gap will lead to overall development in girls thereby increasing their capacities to take decisions and control over their own lives.

The objective of Nukad natak to spread awareness in girls about social environment and increasing reports of violence (physical and verbal) against girls also necessitates implementation of Smart Girls program.

Natak reflect rich and multi-dimensional experience to working at the grassroots as well as contributing to policy-level thought processes and decision making. Smart Girl is a simple initiative that was rolled out initially on a pilot basis to evolve the design for the benefit of the girls through community network but it has now grown and expanded its scope and reach to cover all school and college going girls in 8th-10th std. Over a period of time the program has also been renamed as Smart Girl program to reflect the change in the outlook of girls who are modern and liberal in thoughts.

### ***Key Purpose of play:***

1. To significantly enhance self- awareness in girls that directly and indirectly improves their social status.
2. To increase knowledge about maintaining self-esteem in girls
3. To instill confidence to face adversities and to know the practical tips for self defense.
4. To generate ability in girls for balancing choices and making life decisions rationally
5. To facilitate positive beliefs in girls about right friendship and handling temptations



<b>Duration of Activity</b>	10 November 2017 to 4 April 2018	More than 5 natak played
<b>Place of Activity</b>	Different place(Rural and Urban)	Govt.School Rangwasa, Circles and institute in Indore.
<b>No. of Participants</b>	23 student participants	Actor, director, writer etc.
<b>No. of student Benefitted</b>	More than 500 girls	Aware about women's rights

### Photo Gallery :



Picture: Student plays a victim girl role in nukkad natak



Picture : a student interacting with Govt.School student before Nukkad natak



Picture : Nukkad Natak played at urban area square



## **Report :2017-2018**

**Project:** World Yoga Day celebration

**Objective of the activity:** The objective of yoga is to make aware people about their physical and mental health. Yoga has recently become a very popular exercise form not just in the country, but worldwide. Yoga has benefits for the body and the mind and an inexpensive, convenient, and effective exercise form. June 21 is celebrated as International Yoga.

**Summary of program:** IES IPSA team On the banner of NSS of IPSA including faculty and students organized yoga celebration, 45-minute Common Yoga Protocol is one of the most popular Yoga programmes ,It was developed by a team of leading Yoga gurus and experts and includes safe practices to improve physical, mental, emotional and spiritual health of the population, which can be practiced at home on a daily basis. It is designed to be easily adoptable by the majority of the people irrespective of their age and gender and can be learnt through classes.

The International Day of Yoga has been adopted to fulfill the following objectives:

- To connect people to the nature by practicing yoga
- To make people get used of meditation through yoga
- To reduce the rate of health challenging diseases all over the world
- To bring communities much close together to spend a day for health from busy schedule
- To help people in their bad situations themselves by getting relief from stress through yoga
- To strengthen the global coordination among people through yoga
- To make people aware of physical and mental diseases and its solutions through practicing
- To link between protection of health and sustainable health development
- To get win over all the health challenges through regular yoga practice
- To promote better mental and physical health of people through yoga practice.

The team of IES, IPS ACADEMY celebrated International Yoga Day on 21st June, 2018 under the guidance of Dr. Bharat Jain, a trained Yoga Teacher. Mr.Sunil Jain has been performing Yoga since last more than 30 years and trained many in yoga.

He performed yoga and also gave brief introduction of inception of yoga saying about the significance of Yoga word derived from the Sanskrit word ‘Yuj’ means to join or unite. It is believed to have evolved during the period of ‘Sat Yug’, also called as Golden age. He mentioned in Indian traditions, the yoga is more than the physical exercise, it has a meditative

and spiritual core, he continued saying that, studies have attempted to establish the helpfulness of yoga as a complementary involvement for cancer, schizophrenia, asthma, and heart disease,

<b>Duration of Activity</b>	21-June -2018	
<b>Place of Activity</b>	IPS academy Quadrangle	
<b>No. of volunteer</b>	15 student s and 3 faculty,	
<b>No.of benefitted Person</b>	More than 200	



Picture :Student and teachers performing Yoga



Picture : Yoga Poses by students and teachers

## Report 2016-2017

**Project:** Vittiya saksharta parikshan karyakram

**Objective of Activity:** - The objective of this activity to aware rural and illiterate people about financial Literacy. It brings clarity on basic financial concepts and principles such as compound interest, debt management, financial planning etc. knowledge about this enables one to manage his or her personal finances efficiently and It helps in making appropriate financial decisions about investing, saving, insurance, managing debts, buying a house, child education, retirement planning etc. It enables individuals to achieve financial stability and financial freedom, in understanding the difference between assets and liabilities, in developing the skill sets required for better financial planning and managing the money. It allows a ease in generating, managing, saving, spending and investing money. It enables to be debt free by inculcating financial knowledge and debt strategies.

**Summary of Activity:** IES IPSA social activity volunteer team with the banner of NSS of IPSA including faculty and students organized a workshop for villagers and for financial illiterate persons those are not much aware about financial issues. The workshop aimed at imparting 'Financial Education and Knowledge' to the people and helping inculcate in them a habit of savings to become prudent citizens with some basic investment knowledge. The session educated the peoples on various investment options and the criterion to make sound investment decisions. People gathered listened with rapt attention and participated actively as they were able to relate to a lot of the topics. Their queries were very well fielded and to their satisfaction. It was an extremely informative and lively session. Street Play contained a 15 minute illustrative stories about excessive borrowing and ghost lending. The story evolves the friend turns out to be a gambler and absconds with the loan amount, leaving the family penniless and unable to repay the loan. The story also introduced the customer to the concept of credit bureaus and the impact on their financial lives. People were grateful for the information imparted through the Street play and the interactive session, both of which they could relate to in their own lives. The illustrations & stories simplified key messages and they could empathize with the problems faced by the protagonists of both the formats. They were anxious to learn the financial options available to them and seemed determined to change past behavior patterns with regard to debt management as well as keen to take advantage of the possibility of opening savings accounts.

<b>Date of the program</b>	12-12-2016 to 20-12-2016
<b>Place of Activity</b>	Morad haat, solsinda villages
<b>No.of student volunteer</b>	34 student and 3 teachers
<b>No.of people benefitted</b>	More than 300 person benefitted



Picture : Villagers attending the Financial Literacy awareness Camp



Picture : Through Street play student reflecting about financial security



## Report 2016-2017

**Project :** Nasha mukti jagruk karyakram

**Objective of the activity:** - The objective to this activity to spread awareness about ill effect of drugs. Whenever someone takes a drug for reasons other than its intended use, it is considered substance abuse. Adolescence is a time for experimentation for many youngsters, and this can lead them to engage in risky behaviors. Binge drinking, prescription drug abuse, and recreational drug use are all common problems everywhere. Teens who abuse drugs may have a greater risk of developing an addiction when they are adult. Common reasons teens abuse drugs include:

- Curiosity
- Peer pressure
- Stress
- Emotional struggles
- A desire to escape

**Summary of Activity:** A One day Nasha mukti jagruk karyakram was organized in the banner of NSS of IPSA with IES faculty and student on in co- ordination with the experts of the subject in this area. To aware the people and adults, experts talked to the local people and adults in group interaction and tried to make them understand by various bad effect of this drug abuse activity. Many persons were counseled with expert and at last they take an oath of never taking the drugs. Also played street play on dream land circle in. Students also convey the message that drug abusing and addiction is never beneficial to the health, society and economics.

<b>Date of the programme</b>	29-30 September-2016	
<b>No. of people benefitted by Awareness</b>	70 persons	Addicted taken oath will never have drugs again
<b>No. of volunteers participated</b>	35 student ,4 teachers	Spread awareness by counseling and Street play



Picture: Expert talking with villagers in a group to illustrate the bad effects of drug abusing and addiction

## नाटक से नशा मुक्ति का संदेश



नाटक की प्रस्तुति देते कलाकार।

**डॉ. आंबेडकर नगर (महू)@ पत्रिका.** इंदौर के सोशल ग्रुप सरफरोश के युवा कलाकारों ने मंगलवार को महू के ड्रीमलैंड चौराहे पर शाम करीब 5 बजे नशामुक्ति पर नुक्कड़ नाटक की प्रस्तुति दी।

इसमें नशे की समस्याओं को समझाते हुए उसके कुप्रभावों को दर्शाया गया। बताया गया कि नशे की बढ़ती समस्या सिर्फ नशे करने वालों के लिए नहीं बल्कि समाज के लिए भी बेहद हानिकारक है।

Picture 27: News on nasha mukti Street play

# नुककड़ नाटक से बताए ड्रग्स के दुष्प्रभाव

इंदौर। लाइव रिपोर्टर

रविवार दोपहर 'वर्ल्ड हार्ट डे' पर कार्यक्रम 'मेक योअर हार्ट स्माइल' आयोजित किया गया। इसमें सरफरोश समूह द्वारा ड्रग्स से होने वाले नुकसान पर नुककड़ नाटक पेश किया। साथ ही सुमित यादव ने अपनी लिखी हुई अंग्रेजी कविता 'मे बी' का पाठ किया। आयोजक दीपक शर्मा ने बताया अपने हार्ट को स्वस्थ रखने के प्रति जागरूकता लाने के उद्देश्य से यह कार्यक्रम हुआ। इस मौके पर 13 वर्षीय दिव्य जाजोदिया ने प्रकृति से जुड़ी अपनी चित्रकला को प्रदर्शित किया। साथ ही पेंटिंग का लाइव डेमोस्ट्रेशन दिया। इन सब गतिविधियों के बीच जुंबा डांस प्रशिक्षक आरती माहेश्वरी ने सभी को जुंबा



डांस कराकर माहौल को खुशनुमा बनाकर अलग रूप दिया। इस दौरान लोगों ने कम उम्र में हार्टअटैक से होने वाली परेशानियों और परिवार पर उसके प्रभाव को साझा किया।

इस दौरान वक्ताओं ने कहा कि लोग अपनी युवावस्था में विश्वास से भरे होते हैं और यही सोचते हैं कि हम स्वस्थ हैं हमें कुछ नहीं होगा, कोई भी बीमारी उम्र देखकर नहीं आती।

Picture 28 News on street play for ill effect of drugs

## Report 2016-2017

**Project :** Madhnished karyakram

**Objective of Activity:-**To aware the society from the bad effect of the consuming alcohol. It is worrying to know that the National Survey on Extent and Pattern of Substance use in India showed that alcohol is the most common psychoactive substance used by Indians. It is an alarming situation nationally, wherein about 14.6% of the population (between 10 and 75 years of age) uses alcohol. In terms of absolute numbers, there are about 16 corer people who consume alcohol in the country. So we started a moment to aware people about bad effect of alcohol

### **Summary of Activity:**

A madh nishedh karyakram was oraganised by IES IPSA with NSS IPSA , In which there was a discussion on the consequences of alcohol addiction and also a signature moment with the peoples addicted to consume alcohol. To aware the people and adults, students and volunteers discussed the local people and adults in group interaction and tried to understand various reasons of drinking the alcohol. Many persons were advised by the students with some interesting **stories** and **posters** and **Street plays**. People convinced with them and decided to never drink an alcohol in future. Students also shared their learnings about the harmful effects of alcohol addiction with people in their homes, neighbourhood, and village. The students also made the villagers aware about the high incidence of liver cancer in people due to alcohol After the program college students displayed some posters illustrating the harmful effects of consuming alcohol. Students got success in conveying the message that alcohol is never beneficial to the health, society and economics.

<b>Date of the activity</b>	29 march 2017
<b>Place of Activity</b>	IPS academy and outside of campus
<b>No. of people benefitted</b>	Citizen of City
<b>No. of volunteers participated</b>	40 student and 5 faculty





Picture :Students volunteer with a signature moment poster



Figure: Faculty member inauguration moment by signature



Figure:Student with signed poster

## Report 2016-2017

**Project :** Awareness program on digital India

**Objective of Activity:** The objective of activity is to promote awareness on digital India. The Digital India program has been launched with an aim of transforming the country into a digitally empowered society and knowledge economy. We interact with different stack holder of society ,student s, professionals, home makers, and try to aware about basic services of e-governance.

**Summary of Activity:** The objective of this activity to take initiative to show the importance of awareness about the transformation happened in India. Govt. schools.of tillore khurd and harsola gram was choosen for awarenes activity. The Digital India would ensure that Government services are now available to citizens electronically. It would also bring in public accountability through mandated delivery of government's services electronically; a Unique ID and e-Pramaan based on authentic and standard based interoperable and integrated government applications and data basis. Student also demonstrated various android based application which can be useful for e-learning.

During this program volunteers made the School Students to understand the digitally connected India can help in improving social and economic condition of people through development of non-agricultural economic activities apart from providing access to education, health and financial services. However, it is important to note that ICT alone cannot directly lead to overall development of the nation. The overall growth and development can be realized through supporting and enhancing elements such as literacy, basic infrastructure, overall business environment, regulatory environment, etc.

Date of the Activity	10-February- 2017
Place of Activity	Tillore khurd, Harsola village
No. of people benefitted	More than 200 people
No. of volunteers participated	24 Student 4 faculty



Picture : Students attending the digital India awareness program



Picture : Students at digital India awareness program

## Report 2016-2017

**Project:** Swachh Bharat Abhiyan

**Objective of Activity:** The objective of this activity to motivate staff and students of IPSA, IES Indore to Importance of cleanliness on the day of on 14th September, 2016 as this day also celebrate as Hindi diwas so we also organize a Hindi Essay competition on benefit of swach Bharat mission

**Summary of Activity:** The celebrations began with Hindi Essay competion on '**Swach Bharat Abhiyan**'. In this day number of speaker gave their speech on importance of swachta for their own life as well as for our country. Mr. Rajesh Kumar Kaushal, HOD of Chemical Engineering department speaking on the occasion tried to spread the message "Hindi hamaari shaan ho; Swach bharat par abhimaan ho." As Indore came first position in swach bharat abhiyaan . So there was group discussion for among student on swach bharat abhiyan how can Indore keep hold of first position in swach bharat competion . After the end of formal program students and faculty members went to clean college campus with broom .

They cleaning campus and take oath to keep our city clean and in future. Our college nukkad natak team "sarforosh" also won the first prize on street play category Performing outside of college.

Date of the Activity	14-September- 2016
Place of Activiy	IPS Academy
No. of people benefitted	More than 200
No. of volunteers participated	40 Student 10 faculty





Figure 2 student cleaning campus

## नुक्कड़ नाटक से दिए स्ट्रॉन्ग सोशल मैसेज



### ANNUAL FEST

**सिटी रिपोर्टर -** एक निजी कॉलेज एनुअल फेस्ट आयाम के शनिवार को स्टूडेंट्स ने नुक्कड़ नाटक किए। ये नाटक गंभीर सामाजिक मुद्दों पर किए गए। पांच सालों से किए जा रहे नुक्कड़ नाटक के मंच पर इस बार लिंग भेद, स्वच्छ भारत, महिला सशक्तिकरण सहित अन्य मसलों को प्रभावी तरीके अभिव्यक्त किया गया।

### स्वच्छ भारत पर किए नाटक को पहला पुरस्कार

नुक्कड़ के मंचन में कुल नौ टीमों ने हिस्सा लिया। इसमें शहर के अन्य कॉलेजों की टीम भी शामिल थी। एक निजी कॉलेज की टीम ने स्वच्छ भारत अभियान पर प्रस्तुत किए गए नुक्कड़ नाटक को प्रथम पुरस्कार दिया गया। सांप्रदायिकता पर नाटक प्रस्तुत करने वाली एक अन्य कॉलेज की टीम फर्स्ट रनरअप रही। बच्चों पर पढ़ाई का दबाव बनाने वाले नाटक की प्रस्तुति देने वाली एक अन्य कॉलेज की टीम सेकंड रनर अप रही। प्रतियोगिता में सामाजिक कार्यकर्ताओं प्रेरणा ठाकुर, पूर्णिमा मिश्रा, अनिता शुक्ला और रेणुका पिपले ने भूमिका निभाई।

Figure 3 News on Street play on swachh bharat



Picture: Essay writing competition on Swachh Bharat



Picture: Student giving presenting view on swachh bharat

## Report 2016-2017

**Project :** Haryali mahotsava

**Objective of Activity:** To aware the society bad effect of deforestation. Van Mahotsav is an annual tree-planting movement in India, which began in 1950. The name Van Mahotsava means Festival of jungle it is a weeklong festival, celebrated on different days in different parts of India usually from 1 July to 7 July. July is the onset of the monsoon season in India.

**Summary of Activity:** It was initiated to overcome the rising trees shortfall in India. Thus creating a void in sustainable development of the environment and our country. The constant felling of trees in India has been a problem for a long time, and Van Mahotsav is important in creating awareness of the issues.

It was carried up in the campus of IPS academy with Student Volunteer and On **4th August, 2016**,. The drive was initiated by protecting the existing trees by cleaning of weeds, protecting the trees with tree guard and created awareness on planting and protecting the existing trees. The fruit plants were planted in the garden also with Neem and Peepal tree.

Date of the programme	<b>4th August, 2016</b>
Place of Activity	IPS Academy campus
No. of volunteers participated	20student volunteer, 2 faculty



Picture: Digging for plantation



Picture: Plantation by volunteers



## Report 2015-2016

**Project:** Eye check up camp in village

**Objective of Activity:** the objective of this activity to spread awareness about eye health . to facilitate eye hygiene among the villagers provide the opportunity to get daigonosed about the eye issue for the needy ones

**Summary of activity:** This is organized to spread awareness about eye and vision disorders, to facilitate the early detection of eye and vision ailments among villagers so that the right advice can be given to the concerned. An eye examination is carried out by 2 optometrists .

The activity was organized by IES student volunteer along with IPSA NSS and Vinayak netralay. In this camp following category was examined

Vision

Eye movement and coordination

Requirement for glasses

Cataract

Other eye ailments

Our volunteer was there to help if any one needed medical treatment for an eye condition they have guided and refered them to concern doctor.

<b>Date of the activity</b>	4th August, 2016
<b>Place of the activity</b>	Morad haat gaon
<b>No. of outside people participated</b>	40 participants
<b>No. of volunteers participated</b>	14 student volunteer 2 faculty 3 optician



Picture: Eye report given to villagers



Pictures: Eye check up for villagers

## Report 2015-2016

**Project:** HIV/AIDS awareness programme

**Objective of the Activity** :- The aim of the **HIV/AIDS Awareness Programme** is to empower and increase the **awareness** among the people and its prevention impact, management and availability of support systems. This is to encourage early testing and lifestyle changes that will thereby reduce and prevent further infection.

**Summary of activity:** Awareness Programme on Prevention of HIV/AIDS was organized by IES with the banner of IPSA NSS and CSIR. Student and faculty volunteer spread awareness among the people of city made them aware on HIV/AIDS causes and its prevention. Our volunteers made sure to give the simple explanation about HIV and various myths related to HIV, including appropriate prevention messages and supportive counselling, and referrals to prevention, care, treatment and support services. So that a layman can understand it clearly.

Myths:-

- sharing food or drinks, including drinking fountains
- saliva, tears, or sweat (unless mixed with the blood of a person with HIV)
- sharing a toilet, towels, or bedding
- mosquitoes or other insects
- skin-to-skin contact

Causes:-

- By sharing needles. ...
- From blood transfusions. ...
- During pregnancy or delivery or through breast-feeding.
- Unsafe Sex

Date of the activity	01 Decemeber, 2016	
Place of the actvity	Morad haat gaon	
No. of outside people participated	40 participants	
No. of volunteers participated	14 student volunteer 2 faculty 3 optician	



Picture: Student after spread awareness program at TI mall indore



## Report 2015-2016

**Project:** Saksharta facilitation program on Hindi Diwas

**Objective of Activity:** The Objective of this activity to encourage the underprivileged to join School, enhance the Saksharta program among children and adults. As Hindi language is our mother tongue in spite of that people can speak language but unable to read and write due to illiteracy.

**Summary of Activity;** On the occasion of Hindi Diwas our IES student volunteers with in the banner of IPSA NSS and CSIR had organized the various programme to facilitate the "Saksharta Mission" following activities were organized among the children as well as Adults.

We have organized a Essay competition on the topic of importance of Hindi language in our daily life. Apart from essay competition we have also organized extempore competition on the subject of ‘ ‘padhai ka mahatva’ , ‘bada aadmi kaise bane’ ,. Etc

After competition the IES volunteer distributed prizes to winner after receiving prizes the school children felt motivated and adult also’ take oath they will continue their study .

<b>Date of the activity</b>	14th September, 2015
<b>Place of the activity</b>	Harsola gaon
<b>No. of outside people participated</b>	More than 50 participants
<b>No. of volunteers participated</b>	20 student volunteer 2 faculty

## Photo gallery.



Picture : Student Volunteer organizing Extempore competition



Picture :School student Essay competition

## Report 2015-2016

**Project:** Yoga and Stress management

**Objective of Activity:** To spread awareness about physical as well as mental illness among people, encourage people to add yoga in their daily life routine, facilitate the Office yoga, to give brief description about the stress management techniques,

**Summary of the activity:** Stress management offers a range of strategies to help you better deal with stress and difficulty (adversity) in your life. Our team of volunteers had explained the people how Managing stress can help you lead a more balanced, healthier life. Stress is an automatic physical, mental and emotional response to a challenging event. It's a normal part of everyone's life but sometimes it starts to affect our normal routine life even our physical as well as our mental health, at this point overcoming from this type of pressure becomes crucial.

Students explained the people how meditation can help them to improve their stress level. Various other techniques were also demonstrated.

Various small but effective office yoga were taught by our team (in which some of them were trained in Yoga ) to reduce the various pain and suffering originating from sedentary jobs and disturbed lifestyle among the office staff and teachers, a special session of yoga had been taken for the bus drivers too.

<b>Date of the activity</b>	21- June- 2016
<b>Place of the activity</b>	IPS Academy indore
<b>No. of outside people participated</b>	More than 400 participants
<b>No. of volunteers participated</b>	25 student volunteer 2 faculty



Picture: Drivers performing yoga poses



Picture : Stress management technique workshop for students





Picture: combined yoga session